Your #1 Choice for HOT & COLD Therapy Products
From Concept to Delivery - Branded & Private Label

Retail Catalogue
www.rapidaid.com
Founded in 1975 and operating continuously for over 40 years, Rapid Aid® is a world leader in branded and private label manufacturing of easy-to-use, safe and comfortable hot and cold therapy products. We are the only manufacturer of hot and cold therapy products with wholly owned manufacturing facilities in both North America and Asia. We ship ready-to-sell products anywhere in the world from our distribution centres throughout North America and Asia.

Rapid Aid® is committed to providing the highest quality products – guaranteed – at competitive prices. We offer this guarantee by being soley focused on manufacturing hot and cold therapy products. We adhere to strict international standards for medical device products, including registration with the FDA, Health Canada, MHRA; CE and ISO 13485 certified.

At Rapid Aid®, we have been private labelling hot and cold therapy products for decades, and we provide you with the level of quality and safety you can trust with your brand. Our hot and cold therapy items will not only meet your specifications, but also help you build your reputation in the healthcare field through our industry-leading designs. Alternatively, you can turn to our in-house brand, Rapid Relief®. Our Rapid Relief® brand has a broad reputation for quality and affordability through its presence in major medical companies, and carries a wide array of products to meet your needs.

What differentiates Rapid Aid® from other companies is our focus on innovation and flexibility, combined with competitive pricing. Our in-house design and marketing services help drive innovation beyond the technology to create products made to sell in any locality, expanding existing markets and opening up new ones for our customers.

Supply chain management, product development, packaging, logistics, distribution, managing inventory – these are all areas where Rapid Aid’s® innovative approach allows us to provide the best value in meeting the needs of our customers and partners.

WHY RAPID AID®?

- Vast selection of innovative hot and cold products in both branded and private label
- Competitive pricing with wholly owned plants in North America & Asia
- Regularly surpass audit requirements conducted by reputable customer base and 3rd-party organizations
Rapid Aid® makes a wide array of products for hot and cold therapy, injury & stress relief, and products specifically for maternity and infant care treatment. Our products are designed to provide the maximum amount of comfort, soothing cold or heat therapy, and are safe and easy to use.

**INSTANT PRODUCTS**
When an emergency requires immediate, effective hot and cold therapy

**REUSABLE PRODUCTS**
Used for ongoing, repeated-use hot and cold therapy treatments

**FOOT CARE PRODUCTS**
A full complement of effective, reusable home care solutions for the feet, calves, ankles and toes.
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### INSTANT PRODUCTS

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### LEGEND

- **Hot**
- **Cold**
- **Warm**
- **Microwavable**
- **Reusable**
- **Freezable**
- **Single Use**
- **Direct-to-Skin**
- **Attached Strap**
- **Fold-to-Pop Activation (FTP)**
- **Natural Grain**
From instant cold packs for treating injuries on the sidelines to instant hot packs for relief of chronic pain, Rapid Aid® instantly Makes It Better®. We manufacture dozens of instant cold, hot and warm therapy products ranging from entry-level to premium care all built with the trusted expertise and quality that can only come with decades of experience.

Our instant products are safe, easy to use, affordable and effective, and are a staple in both the medical and retail environment.
When an injury requires immediate cold therapy, Rapid Relief® Instant Cold Packs are your answer. Having the instant cold pack as part of your first aid kit on the sidelines of life allows you to treat an injury on the spot, without having to search for ice in an emergency. They activate instantly and provide up to 20 minutes of cold therapy, helping to begin the healing process faster.

**FEATURES**
- Temperature: Delivers approximately 1°C / 34°F of cold therapy when activated at room temperature
- FTP™ (Fold-to-Pop) technology for easy activation
- Bi-lingual packaging (English and French)
- Available in both CAN or Urea Blend

**APPLICATION**
**INSTANT COLD THERAPY RELIEF:**
- Bruises and swelling
- Muscle spasms and pain
- Headaches and minor injuries

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label
- With or without chipbox

**SIZING & PRODUCT CODE**
- 5” x 9” Large - Bulk Shelf Display (18 Units) (13cm x 23cm) #931259
- 5” x 9” Large - 3 Pack (13cm x 23cm) #36259
When your body is on the mend, don’t let an injury slow you down. Reduce swelling with immediate cold therapy without using ice or a towel. Rapid Relief® Instant Cold Packs with Gentle Touch™ technology feature a soft touch, non-woven material that can be placed directly against the skin, providing convenience and comfort when you need it most. Get fast relief from pain and swelling caused by injury and inflammation.

FEATURES
- Temperature: Delivers approximately 2°C/36°F of cold therapy when activated at room temperature
- FTP™ (Fold-to-Pop) technology for easy activation
- Direct-to-Skin application with Gentle Touch™ technology
- Bi-lingual packaging (English and French)
- Available in both CAN or Urea Blend

APPLICATION
INSTANT COLD THERAPY RELIEF:
- Bruises and swelling
- Muscle spasms and pain
- Headaches and minor injuries

AVAILABILITY
- Rapid Relief® Brand
- Private Label

SIZING & PRODUCT CODE
- 5” x 9” (13cm x 23cm) Twin Pack  #56369CH
The patented Rapid Relief® Instant Cold Pack with Self-Adhering Wrap and Gentle Touch™ technology delivers direct-to-skin cold therapy to reduce swelling and discomfort after an injury. The built-in Self-Adhering Wrap applies an appropriate amount of compression directly, and comfortably, to the injured area. An all-in-one cold and compression solution in a single use format.

**FEATURES**

- Temperature: Delivers approximately 2°C/36°F of cold therapy when activated at room temperature
- FTP™ (Fold-to-Pop) technology for easy activation
- Direct-to-Skin application with Gentle Touch™ technology
- Built-in compression wrap
- Bi-lingual packaging (English and French)
- Available in both CAN or Urea Blend

**APPLICATION**

**INSTANT COLD THERAPY RELIEF:**

- Sore and stiff joints
- Muscle aches and pain
- Muscle tension and cramps

**AVAILABILITY**

- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**

- 6” x 9” (15cm x 23cm) Cold Pack  #36769CH with 50” length elastic wrap with stretch
The Rapid Relief® Instant Warm Pack with patented Insta-Gel technology delivers soothing warmth directly to the skin for therapeutic healing. Patented gel technology turns from liquid to a contouring gel when activated, allowing for the product to contour to each affected body part. Tested to retain heat much longer compared to other traditional instant warm packs.

**FEATURES**
- Temperature: Delivers approximately 44°C/111°F of warm therapy when activated at room temperature
- FTP™ (Fold-to-Pop) technology for easy activation
- Direct-to-Skin application with Gentle Touch™ technology
- Bi-lingual packaging (English and French)

**APPLICATION**

**INSTANT WARM THERAPY RELIEF:**
- Sore and stiff joints
- Muscle aches and pain
- Muscle tension and cramps

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 5” x 9” (13cm x 23cm) Twin Pack #64369
Our reusable hot and cold therapy products are the most trusted and effective on the market. We provide an industry-leading selection of designs – from our classic reusable gel pack to our seven-item foot care line, Rapid Aid® drives the benefits of hot and cold therapy with a comprehensive catalogue that has a product for every ache and pain.

With Rapid Aid’s® variety of consumer favourites combined with new, targeted innovations, our hot and cold therapy items deliver the best in comfort and relief at the point of first contact, and enrich the continuum of care through the full spectrum of an injury.
The patent pending Rapid Relief® Premium Reusable Cold Compress delivers quick cold therapy to reduce swelling and provide comfort after an injury. Manufactured with premium fabric and contour gel that remains flexible when frozen. This product is designed to be applied directly to the skin and provide comforting relief, and is available in two sizes. Custom shapes and patented compression straps are also available.

**FEATURES**

- Temperature: Delivers approximately 3°C/37°F of cold therapy when stored in freezer
- Contour-Gel technology allows the compress to contour to the body area being treated, yet remain flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**

**COLD THERAPY RELIEF:**

- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries
- Helps alleviate headache and migraine pain

**AVAILABILITY**

- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**

- 5” x 11” (13cm x 28cm) #11251CH
- 8” x 12” (20cm x 30cm) #11270CH
The Rapid Relief® Reusable Hot & Cold Compress is the classic product in the temperature therapy category. The Contour-Gel molds to the body when frozen, and is immediately recognizable as a mainstay in any family medicine cabinet.

**FEATURES**
- Temperature: Delivers approximately 2°C/28°F of cold therapy when stored in freezer and 43.5°C/110°F of hot therapy when microwaved
- Tri-lingual packaging (English, Spanish and French)

**APPLICATION**

**COLD THERAPY RELIEF:**
- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries
- Helps alleviate headache and migraine pain

**HOT THERAPY RELIEF:**
- Sore and stiff joints
- Muscle aches and pain
- Muscle tension and cramps

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 4.75” x 6” - Bulk Shelf Display (48 Units) (12cm x 15cm) #92246
- 5.6” x 9” - Bulk Shelf Display (24 Units) (14.2cm x 23cm) #92259
- 9” x 11” - Bulk Shelf Display (12 Units) (23cm x 28cm) #92290
A convenient, non-medicinal and economical way to treat pain relief. Introducing, the Rapid Relief® Universal Reusable Hot & Cold Compress Wrap is designed to provide comforting cold or hot therapy in an effective reusable system. Our Form-Fit gel™ technology prevents gel from sagging; holds it shape and spreads evenly when gel is heated! The self-adhering wrap compresses the area and holds the gel pack in place for targeted, immediate relief.

FEATURES

- Non-toxic gel
- Flexible when frozen, safe for microwave use
- Ideal for smaller body areas such as: knee, ankle, elbow, wrist, hand, fingers, foot and toes
- Includes extra strap: Deluxe wrap with hook & loop closures and an added strap to fit larger areas
- Bi-lingual packaging (English and French)

APPLICATION

COLD THERAPY RELIEF:

- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries
- Helps alleviate headache and migraine pain

HOT THERAPY RELIEF:

- Sore and stiff joints
- Muscle aches and pain
- Muscle tension and cramps

AVAILABILITY

- Rapid Relief® Brand
- Private Label

SIZING & PRODUCT CODE

- 5” x 10” (13cm x 25cm) Gel Pack w/Wrap #11250CH
A convenient, non-medicinal and economical way to treat pain relief. The Rapid Relief® Deluxe Reusable Hot & Cold Compress Wrap is designed to deliver broad temperature therapy relief to the larger areas of the body that are so often the source of chronic soreness. Our Form-Fit™ technology prevents gel from sagging; holds it shape and spreads evenly when gel is heated! The self-adhering wrap compresses the targeted area, and holds the gel pack in place for immediate relief.

FEATURES

- Non-toxic gel
- Flexible when frozen, safe for microwave use
- Ideal to treat larger areas such as: back, shoulder, neck, abdominal area and lower back
- **Includes extra straps:** Deluxe wrap with hook & loop closures and added straps to fit larger areas
- Bi-lingual packaging (English and French)

APPLICATION

**COLD THERAPY RELIEF:**

- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries
- Helps alleviate headache and migraine pain

**HOT THERAPY RELIEF:**

- Sore and stiff joints
- Muscle aches and pain
- Muscle tension and cramps

AVAILABILITY

- Rapid Relief® Brand
- Private Label

SIZING & PRODUCT CODE

- 9” x 13” (13cm x 33cm) Gel Pack w/Wrap #11290CH
The Rapid Relief® Direct-to-Skin Hot & Cold Compress is a staple in the retail hot and cold therapy category. Rapid Aid’s® non-woven material is soft and comfortable directly against the skin, and the size is ideal for most common injuries to smaller joints and targeted body areas, both hot or cold.

**FEATURES**
- Non-toxic gel
- Flexible when frozen, safe for microwave use
- Ideal for targeted pain relief for areas such as: face, arm, ankle, elbow and leg
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**

**COLD THERAPY RELIEF:**
- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries
- Helps alleviate headache and migraine pain

**HOT THERAPY RELIEF:**
- Sore and stiff joints
- Muscle aches and pain
- Muscle tension and cramps

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 6” x 9” (15cm x 23cm) #11369
The patented Rapid Relief® Natural Therapeutic Oat Bag delivers the deep, penetrating moist heat that radiates from all-natural oats in a large, square format. The versatile square bag has multiple application areas on the body, including the abdomen, back, leg and shoulder. This innovative design features a pocket for the included cold gel pack to increase the intensity of the cold temperature therapy - an improvement in value and effectiveness over the competition.

**FEATURES**
- Ideal for abdomen, back, thigh, arm and menstrual cramps
- 100% natural oats can be used hot or cold
- Built-in pocket for included freezable gel pack for increased effectiveness and temperature span
- Square shape for versatility and broad application
- Direct-to-Skin, cozy material
- Bi-lingual packaging (English and French)

**APPLICATION**

**COLD THERAPY RELIEF:**
- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries

**MOIST HEAT THERAPY RELIEF**
- Powerful, comforting heat to aid in the relaxation of sore muscles
- Quickly and naturally soothes aches, cramps, pains and stress

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 9” x 10.5” (23cm x 27cm) Oat Bag #11278
- 7.25” x 8.25” (18.4cm x 20.9cm) Gel Pack
The patented Rapid Relief® Natural Therapeutic Oat Bag delivers the deep, penetrating moist heat that radiates from all-natural oats in a long, rectangular wrap format. The extended shape is ideal for the neck, head, lower back and more. This innovative design features a pocket for the included cold gel pack to increase the intensity of the cold temperature therapy - an improvement in value and effectiveness over the competition.

**FEATURES**
- Ideal for neck, shoulders and back pain
- 100% natural oats can be used hot or cold
- Built-in pocket for included freezable gel pack for increased effectiveness and temperature span
- Long, rectangular shape for concentrated application to specific areas
- Direct-to-Skin, cozy material
- Bi-lingual packaging (English and French)

**APPLICATION**

**COLD THERAPY RELIEF:**
- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries

**MOIST HEAT THERAPY RELIEF**
- Powerful, comforting heat to aid in the relaxation of sore muscles
- Quickly and naturally soothes aches, cramps, pains and stress

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 5.5” x 19” (14cm x 48cm) Oat Bag #11240
- 4” x 16.5” (10cm x 42cm) Gel Pack
A traditional cold therapy product designed to aid and comfort at-home ailments such as headaches and fever. Made from a premium soft and comfortable material, the Rapid Relief® Ice Bag is an economical and ideal way to treat inflammation, swelling, bruising and minor injuries. Larger and smaller sizes also available.

### FEATURES
- Variety of applications; can be used on any body part
- Quality cap: easy to open; extra-large opening wide enough to take whole ice cubes
- No leakage or mess from melted ice cubes
- Bi-lingual packaging (English and French)

### APPLICATION
**COLD THERAPY RELIEF:**
- Reduces inflammation, muscle spasms and pain
- Reduces swelling or bruising from minor injuries
- Helps alleviate headache and migraine pain

### AVAILABILITY
- Rapid Relief® Brand
- Private Label

### SIZING & PRODUCT CODE
- 11" (28cm) #95530CH
Our feet, ankles and lower legs are some of our most overworked areas of the body, and with that in mind, Rapid Aid® has developed a comprehensive line of reusable hot and cold therapy solutions to help counter some of our most common afflictions.

With 7 custom engineered designs to offer the best in concentrated relief and soothing comfort. Our Rapid Relief® Foot Care line is broad and industry-leading. From acute injuries to chronic issues, we have a foot care product to get you on your feet again.
Tired feet after a long day? The patent pending, Rapid Relief® Premium Reusable Cold Slippers deliver cold therapy to reduce swelling and relieve foot pain and discomfort. Our Contour-Gel technology allows the compress to mold to the foot, yet remain flexible even when frozen. Manufactured with premium fabric, our reusable cold slippers are easy to use, and designed to provide total coverage to the sole and top of the foot.

**FEATURES**
- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**
**COLD THERAPY RELIEF:**
- Provides relief from pain and swelling due to pregnancy, over exertion, post-surgery care and side effects from medication
- Relieves soreness associated with long days on your feet or uncomfortable footwear
- Relieves discomfort associated with poor circulation
- Relief from various foot and toe conditions such as gout, breaks or sprains

**SIZING & PRODUCT CODE**
- 5” x 12” (13cm x 30cm) #11550CH
Plantar Fasciitis has become the most common cause of heel pain, often caused by straining the ligament that supports the arch. The patented Rapid Relief® Premium Reusable Plantar Cold Pack delivers quick cold therapy to reduce swelling and provide targeted cold therapy to treat Plantar Fasciitis injuries. Our Contour-Gel technology allows the compress to mold to the arch of foot and remain flexible when frozen. Manufactured with premium fabric, it is easy to use, and includes a built-in strap to hold the pack in place and add compression.

**FEATURES**
- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**
**COLD THERAPY RELIEF:**
- Provides relief from pain and swelling due to increased pressure on plantar ligaments, late pregnancy, weight absorption, flat feet and active lifestyle
- Targeted system designed to reduce the pain associated with plantar fasciitis
- Compression strap holds pack in place to offer consistent temperature therapy and pressure to the area

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 3.75” x 5” (9.5cm x 13cm) #11835CH
The patented Rapid Relief® Premium Reusable Calf & Shin Cold Pack was designed with the runner in mind. Calf or shin splints are one of the leading causes of injury amongst avid runners today. Our Contour-Gel technology allows the compress to mold to the leg area and remain flexible when frozen. Rapid Relief® delivers quick cold therapy to reduce swelling, and provides targeted cold therapy to treat lower leg injuries. Manufactured with premium fabric, it is easy to use and includes 2 built-in straps to hold the pack in place and add compression.

**FEATURES**
- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**
**COLD THERAPY RELIEF:**
- Provides relief from pain and swelling due to: sprains and strains, shin splints and deep vein thrombosis

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 8” x 11” (20cm x 28cm) #11880CH
Swelling from arthritic toe pain, recent bunion surgery, capsulitis of the second toe, or ball of foot pain can be conveniently treated with the patent pending Rapid Relief® Premium Reusable Toe Cold Pack. Our Contour-Gel technology allows the compress to mold to the toe area. It delivers quick cold therapy to reduce swelling and provide targeted cold relief to treat discomfort and injuries to the toe area of the foot. Manufactured with premium fabric, it is easy to use and designed to hug the area.

**FEATURES**
- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**
**COLD THERAPY RELIEF:**
- Provides relief from pain and swelling due to sprains and strains, ingrown toenails, bunions, arthritis, blisters, corns and capsulitis.

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 6.75” x 7” (17cm x 18cm) #11576CH
Ankle sprains can be the most related foot injury. Treating edema or ankle swelling as a result of ankle sprains, or other forms of swelling related to pregnancy, pain medication relief, or disease, often require cold therapy treatment. Our Contour-Gel technology allows the compress to mold to the ankle area and remains flexible when frozen. Manufactured with premium fabric, the patented Rapid Relief® Reusable Ankle Cold Pack is easy to use and includes a built-in strap to hold the pack in place and add compression.

**FEATURES**

- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**

**COLD THERAPY RELIEF:**

- Provides relief from pain and swelling due to sprains and strains, swelling associated with pregnancy and ankle-area injuries

**AVAILABILITY**

- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**

- 5.6” x 11.8” (14cm x 30cm) #11860CH
The Dorsum is the most unprotected area of the foot and prone to impact injuries. The patented Rapid Relief® Premium Reusable Dorsum Cold Pack delivers quick cold therapy to reduce pain and swelling and provides targeted temperature therapy to treat such injuries. Our Contour-Gel technology allows the compress to mold to the top of foot and remains flexible when frozen. Manufactured with premium fabric, it is easy to use, and includes 2 built-in straps to hold the pack in place and add compression.

**FEATURES**
- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**
**COLD THERAPY RELIEF:**
- Provides relief from pain and swelling due to metatarsalgia, tendonitis, aging and weight absorption

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 4” x 9” (10cm x 23cm) #11838CH
The patented Rapid Relief® Premium Foot Pain Cold Pack is our single solution for various foot pain issues, in one convenient package. Our Contour-Gel technology allows the compress to mold to multiple areas of the foot and remains flexible when frozen. Manufactured with premium fabric, it is easy to use, and includes a built-in strap to hold the pack in place and add compression.

**FEATURES**
- Flexible even when frozen
- Direct-to-Skin application
- Bi-lingual packaging (English and French)

**APPLICATION**
**COLD THERAPY RELIEF:**
- Provides relief from pain and swelling associated with various foot conditions and injuries, such as sprains, tears, Achilles pain and more

**AVAILABILITY**
- Rapid Relief® Brand
- Private Label

**SIZING & PRODUCT CODE**
- 6” x 9” (15cm x 23cm) #11954CH
Our team is constantly working on new designs and innovations in hot and cold therapy - contact our sales team to find out more about new products coming soon from Rapid Aid®!

sales@rapidaid.com
www.rapidaid.com